

Name _____

Pre-K
NTI Packet
Day 11

Lewis County Preschool Non-Traditional Instruction

Teacher _____

Phone _____

Teacher Email _____

Please select *one activity from each subject area to complete with your child.*
 Circle the activity completed and then sign below and return on the Next School Day.

Subject/Domain/AREA	Choice 1	Choice 2	Adaptions
Language	Play a rhyming game: "I say ball, you say fall" *offer pairs of words for them to repeat. Then give them words to choose from like: "What rhymes with Blue? Cat or Shoe?"	Read a book and talk about what happened: 1. What happened at the beginning and end of story? What is your favorite part of the book? Which characters did you like? Encourage your child to make predictions about what might happen next.	Draw a picture pertaining to the book using lines and shapes to encourage visual motor skills. Hand over hand assistance (HOHA)
Math	Practice counting objects. Count toys, snacks etc. Ask your child to give you three, five etc. to check understanding of number concepts.	Go on a number and shape hunt in the house. Find or hide numbers/shapes and have your child search for them, and tell you what they are. * can count as a OT activity	*Trace or copy numbers
Science	Play what sinks and floats with toys in the bath. * can count as a OT activity	Make a pinecone birdfeeder. Directions on next page.	
Social	Talk with your child about how to be a good friend. Discuss qualities of one. Discuss ways to be a good friend.	Play a game with your child. Board game or card game. Be sure to point out how it is fair to take turns and follow the rules.	
Fine Motor	Practice fastening fasteners and zipping zippers on clothing. * can count as a OT activity	Play dress up and practice buttoning, snapping, and zipping. If they are ready, have them practice threading the zipper on their coat and practice tying their shoes. * can count as a OT activity	

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Pinecone Bird Feeder

Materials:

- Pine Cones
- Small bowl of Peanut Butter
- Bird Seeds
- Plastic Spoon, Popsicle stick, or Spatula (to spread the peanut butter)
- Paper Plate

Directions:

1. Place the pine cone on a paper plate.
2. Using a plastic spoon or spatula, spread peanut butter around the pine cone. Try to cover as much of the pine cone as you can with a thin layer of peanut butter.
3. Once the pine cone is covered in peanut butter, roll the pine cone around in the bird seeds until the pine cone is covered with bird seed.
4. Tie a string at the top of the pine cone and hang from a tree in your yard.
5. Sit back and wait for the birds to arrive and enjoy the seeds from the pine cone bird feeder!

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Day 12

Teacher _____ Phone _____
 Lewis County Preschool Non-Traditional Instruction Teacher Email _____

Please select *one activity from each subject area to complete with your child.*
 Circle the activity completed and then sign below and return on the Next School Day.

Subject/Domain/AREA	Choice 1	Choice 2	Adaptions
Language	Use shaving cream to practice writing letters, numbers, or shapes. 1. Shapes 2. Letters in name *can count as a OT activity	Have your child retell their favorite story in their own words and/or act it out. Ask the following questions 1. What character are you? 2. Why did you chose that character?	Draw a picture about the story using lines and shapes
Math	Gather different items around the home. Encourage your child to describe objects and sort them. Ex: Sorting pennies and nickels into different pile or sorting cereal and noodles into different piles. *can count as a OT activity	Provide your child with opportunities to explore measuring- use nonstandard forms of measurements. Measure things around the house. Ex: How many shoes long is your bed? How many hops does it take to get to the kitchen? *can count as a OT activity	*trace or copy numbers
Science	Sprout a Seed experiment. See next page for instructions.	Vegetable or Fruit? Gather a few fruits and vegetables and have your child sort which category they go under. Fruit/Vegetable, Seeds/No Seeds, Grow above ground/Below ground.	
Social	Visit https://www.youtube.com/watch?v=R8c_Br8l_Tc A social story about being angry. Buddy gets frustrated and is about to throw a tantrum when his mom shows him how to recognize his feelings and react safely.	Brainstorm ideas with your child about ways to calm down when they feel angry.	
Fine Motor	Draw a flower garden using shapes. *can count as a OT activity	Play copycat! Build towers and then let your child copy what you make. Then count the materials used. *can count as a OT activity	

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Sprouting a Seed!

For this activity, you will need:

- sandwich size zip top bags
- lima beans (or other seeds of your choice)
- either paper towels or cotton balls
- water
- cups or bowls
- tape or stapler
- water dropper (optional)

Here's what to do:

Give your child a zip top bag (sandwich size) and a lima bean. You can use either paper towels or cotton balls to place in the bag. If you use a paper towel, have kids fold it, dip it in a cup or bowl of water and squeeze it out a little so it won't be too wet. Or, have them dip a few cotton balls in the water.

Place the damp, folded paper towel or cotton balls in the ziplock bag. Drop a lima bean or other seed in the bag, making sure it touches the damp towel or cotton. Hang these in the window for a few days and watch the seed sprout!

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Day 13

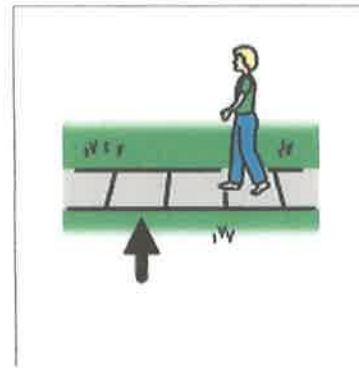
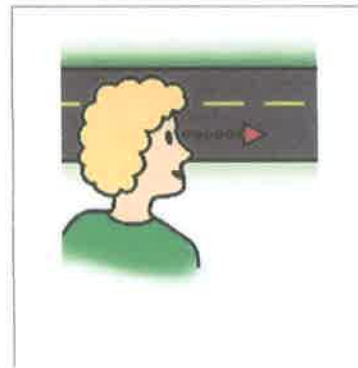
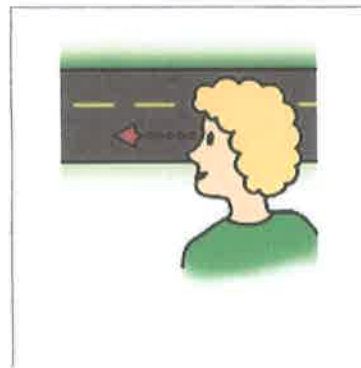
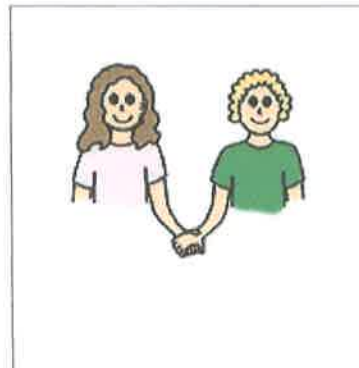
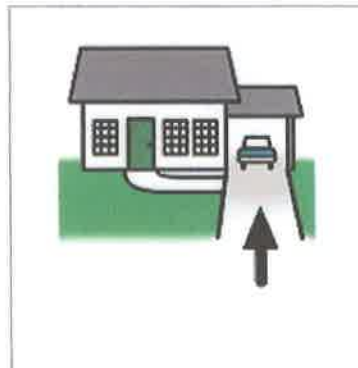
Preschool NTE - Day 13

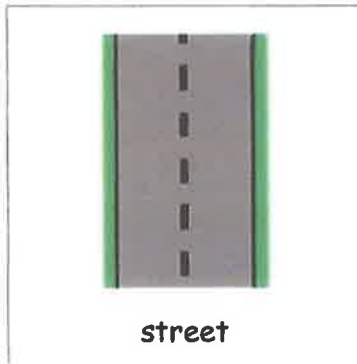
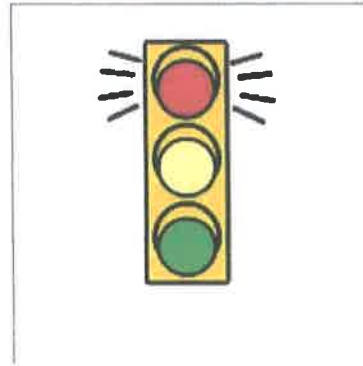
Lewis County Preschool Non-Traditional Instruction
 Teacher _____ Phone _____
 Teacher Email _____

Please select one activity from each subject area to complete with your child.
 Circle the activity completed and then sign below and return on the Next School Day.

Subject/Domain/AREA	Choice 1	Choice 2	Adaptions
Language	Have your child do a "picture walk" with a family member or friend. Let them tell a story using the pictures as clues. Extend on their learning by asking who, what, when, why, and how questions.	On YouTube Play the Letters of the Alphabet Workout song by Jack Hartmann. This song incorporates visual, auditory and kinesthetic learning. Children get great practice forming the letters and making body and brain connections. # can count as a PT activity * can count as a OT activity	
Math	Find different colored objects in your house. Have your child sort them by color. Count how many objects are in each color group and compare the groups using words like: more/less and big/little.	Have your child count forward (0-10) and backward (10-0) while walking, hopping, or skipping. # can count as a PT activity * can count as a OT activity	
Science	Take an ice cube outside and predict what will happen to it. Then watch, observe, and record (draw a picture and write down what happens). Ask your child the following questions: What happened to the ice cube? Why did it happen? Can you make the melting process speed up or slow down? If so how? * can count as a OT activity	Go on a nature walk. Pick up sticks, rocks, leaves, etc. Sort objects by different characteristics: smooth, rough, heavy, light, etc.	
Social	Discuss Street Safety Street Safety Picture cards; see next page.	Discuss Fire Safety Fire Safety Picture Cards; see next page.	
Fine Motor	Use string, uncooked spaghetti, or pipe cleaners then practice stringing noodles, cheerios, fruit loops, apple jacks, or beads to make jewelry or other Formations. * can count as a OT activity	Use scrap paper, magazines, napkins, tissue paper, newspaper, ribbon, junk mail to cut or tear shapes and make a collage. * can count as a OT activity	Hand over hand assistance (HCHA)

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street



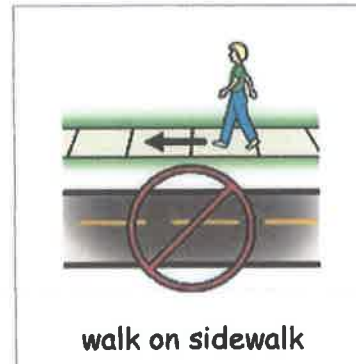
wait for light



wait for walk sign



walk at walk sign



walk on sidewalk



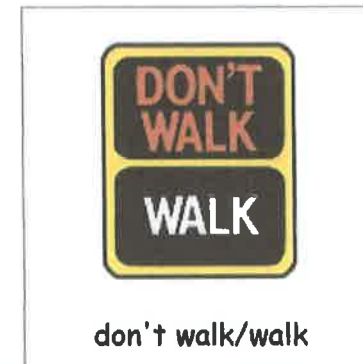
watch driveway



watch for cars



stop sign



don't walk/walk

NTI 13



no crossing

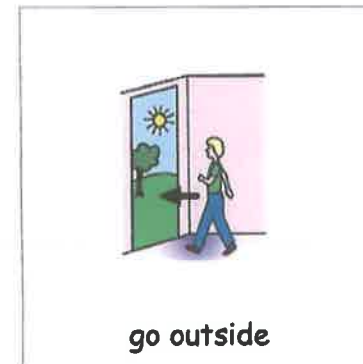
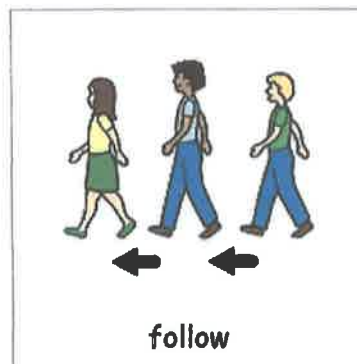
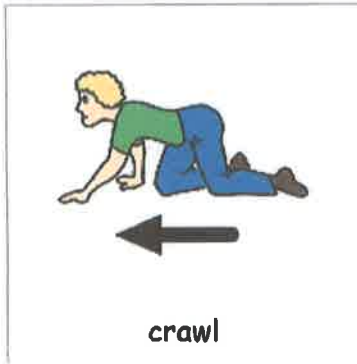


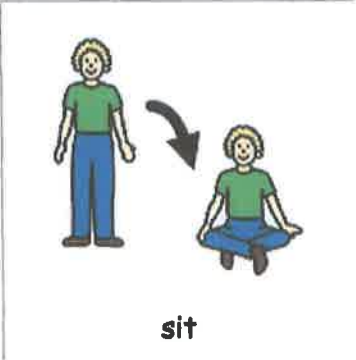
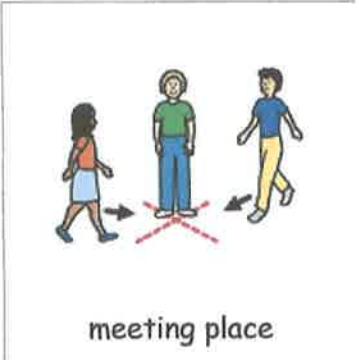
pedestrian crossing



SCHOOL CROSSING

Fire Safety





Name _____

Pre-K
NTI Packet
Day 14

Preschool NTI - Day 14

Lewis County Preschool Non-Traditional Instruction

Day 14

Please select *one activity from each subject area to complete with your child.*
 Circle the activity completed and then sign below and return on the Next School Day.

Subject/Domain/AREA	Choice 1	Choice 2	Adaptions
Language LA 3.3; 3.4; 3.5 LA 4.1; 4.2; 4.3	Go on a letter hunt, find letters in your name around the house (magazines, books, signs, food, labels, etc.) *cut the letters out and glue to a piece of paper *can count as OT activity	Trace/Copy your name on a piece of paper, fold the piece of paper, and put it in an envelope for your teacher. *can count as a OT activity	Hand over hand assistance
Math MA 1.1; 1.2; 1.3; 1.4	Have your child count 1-10 or 1-20 while walking, hopping, or skipping. #can count as a PT activity *can count as a OT activity	Find different colored objects in your house. Have your child sort them by color. Count how many objects are in each color group and compare groups using words like: more/less and big/little.	Hold child's hand while hopping or skipping. If your child cannot skip, have him/her jump.
Science MA 1.1; 1.2; 1.3 SC 1.1; 1.2; 1.3; 1.4; 1.5	Make Oobleck: 2 c. cornstarch 1 c. water A couple drops of food coloring. Add the food coloring to the water then add the cornstarch, mix with a wooden spoon or spatula. *can count as an OT activity	Have your child create a boat that can successfully float 25 pennies. They can be creative with how they make their boat and can use any household items.	Help your child mix and measure ingredients for oobleck.
Social Stories HM 1.2; 1.3	Read the social story : Feeling Frustrated Talk with your child how to deal with frustration.	Read the social story: Staying Close when we go shopping. Talk with your child about the importance of staying close to adults when shopping.	

<p>Fine Motor PD 1.3; 1.4</p>	<p>Play dress up and practice buttoning, snapping, and zipping. If they are ready, have them practice threading the zipper on their coat and practice tying their shoes. *can count as OT activity</p>	<p>Play copycat, build a tower of items then let your child copy what you make. Take turns building the tower to be copied. Count the number of items you used (can use blocks, legos, food boxes, etc.). *can count as OT activity</p>	<p>Hand over hand assistance</p>
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Day 14

Staying Close when we go Shopping

My name is _____ and I am ____ years old. I go to school at _____.



Sometimes I get to go shopping with _____. Shopping is fun! We can shop for lots of different things like food and clothes.

When I go shopping it is very important that I stay close to _____. I can stay close by walking right next to _____ and sometimes we might even hold hands.

Staying close means that _____ can always see me and that's staying safe.

It makes _____ feel good and I stay safe when I stay close when we go shopping!

Day 14

Feeling Frustrated

My name is _____ and I am _____ years old. I go to preschool at _____.



Sometimes kids have a hard time with their projects or activities.



Sometimes, when kids have a hard time with a project or an activity, they feel frustrated.



Feeling frustrated is OK. I will try to learn to stay calm when I am frustrated.

Some kids ask their teachers or other adults for help if they feel frustrated. Teachers can help kids who feel frustrated.

If I feel frustrated, I can ask a teacher for help staying calm.



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Lewis County Preschool Non-Traditional Instruction

Day 15

Please select *one activity* from each *subject* area to complete with your child.
 Circle the activity completed and then sign below and return on the Next School Day.

Subject/Domain/AREA	Choice 1	Choice 2	Adaptions
Language LA 1.1; 1.2; 1.3; 2.1; 2.2 LA 3.1; 3.2; 3.3	Have your child do a "picture walk" with a family member or friend. Let them tell a story using the pictures as clues. Extend on their learning by asking who, what, when, why, and how questions.	Play the Letters of the Alphabet Workout song by: Jack Hartman (link below) Go to youtube and search Letters of the Alphabet by Jack Hartman This song incorporates visual, auditory, and kinesthetic learning. Children get great practice forming letters and making body and brain connections. #can count as a PT activity *can count as a OT activity	
Math MA 1.2; 1.3 SC 1.4	Gather toys around the house, sort toys into categories, Ex. Type, color, size (use dolls, legos, cars, trucks, etc.)	Go on a shape hunt in your house. Find two objects for each shape. EX. (circle=clock, square=tv, etc.)	
Science SC 1.2; 1.4; 1.5	Easter Science: Plastic eggs Baking soda Vinegar Put a drop of food coloring in the bottom of the plastic egg, add some baking soda, drop vinegar	Growing Beans: Beans (like lima beans, brown beans, or white beans) Paper towel Baggie Place a couple of beans in a paper towel, wet the paper towel and place in a baggie. Place the	

	<p>on top of the baking soda and watch what happens. Talk to your child about what happened. This is a reaction to mixing ingredients.</p>	<p>baggie in a sunny place. Keep and eye on the moisture in the baggie. It can't be soaked but also don't let it dry out. Watch your beans grow.</p>	
<p>Social HM 1.2; 1.3</p>	<p>Social Story: Little League Baseball Read with your child and talk about how rules need to be followed and why.</p>	<p>Social Story: Gentle Hands Read with your child and talk about how it makes people feel when they are hit.</p>	
<p>Fine Motor PD 1.3; 1.4</p>	<p>Have your child draw a picture of what winter looks like outside. Have your child tell you about the picture. *can count as a OT activity</p>	<p>Have your child practice writing or tracing their name or trace/draw shapes (circle, triangle, square, oval, diamond/rhombus, rectangle) *can count as a OT activity</p>	<p>Draw a picture together using lines and shapes to encourage visual motor skills. Make sure your child is using a correct 3 finger grasp.</p>

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Gentle Hands

When I feel very happy or very mad, I hit.



Hitting hurts my teachers and friends.



I can ask for a “hug” or a “squeeze”.



I will say, “Stop _____. You’re too loud!”



I will have gentle hands.



My teachers and friends like when I use my words and have gentle hands!



Little League Baseball



Written and illustrated by
Denise Wilson

Day 15



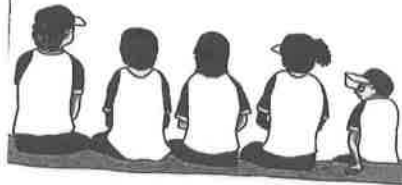
When I joined Little League I
wanted to bat all the time.



But I have to follow rules so
everyone gets a chance to play.



I guess I can wait on the bench
because I know I will get to
play.



Sitting on the bench can be fun
too. I'm never there alone!



Sometimes we go to the field.
My coach helps me find my
spot.



When my team bats, I wait my
turn. Today, I bat after Gabe.



Baseball is fun and fair.
And, sometimes we even get
ice cream!

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NTI Packet
Day 16

Preschool NTI - Day 16

Lewis County Preschool Non-Traditional Instruction
Day 16

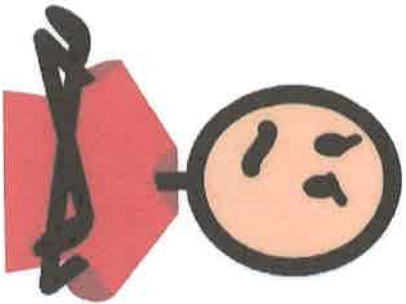
Please select *one activity from each subject area* to complete with your child.
Circle the activity completed and then sign below and return on the Next School Day.

Subject/Domain/AREA	Choice 1	Choice 2	Adaptions
Language LA 1.1; 1.2; 1.3; 2.1; 2.2 LA 3.1; 3.2; 3.4; 3.5; 3.6	Play a rhyming game. "I say ball, you say fall" *offer pairs of words for them to repeat. Then give them words to choose from. EX. "What rhymes with blue? Cat or shoe?"	Read a book and talk about what happened. 1. What happened at the beginning and end of the story? 2. What is your favorite part of the book? 3. Which characters did you like? 4. Encourage your child to make predictions about what might happen next?	*trace or copy numbers *can count as OT activity
Math MA 1.1; 1.2; 1.3; 1.4	Practice counting objects. Count toys, snacks, etc. You could ask your child to give you three or five, etc. to check their understanding of number concepts.	Go on a number and shape hunt in the house. Find or hide numbers/shapes and have your child search for them and tell you what they are.	*trace or copy numbers *can count as OT activity
Science SC 1.2; 1.3; 1.4; 1.5	Growing Grass: Grass seeds Potting soil or dirt Clear plastic cup Fill cup with soil, sprinkle grass seeds over the top of the soil, and water. Have your child observe and write down or draw a picture each day to describe what is happening inside their cup.	Exploding Baggie Experiment: Sandwich bag Tissue 3 tablespoons baking soda ¼ c. water ¼ c. vinegar Liquid watercolor or food coloring (optional) Add the water, vinegar, and any coloring to the bag. Then unfold a tissue and add the baking soda	

		<p>to the center of the tissue. Fold it into a little square so none of the baking soda falls out. Go outside and set the baggie somewhere that can get a little messy. Open the corner of the baggie and stick the tissue with the baking soda in it. Quickly re-seal the bag and stand back and watch.</p> <p>Have child predict what will happen. Observe the reaction taking place.</p>	
<p>Social HM 1.2; 1.3</p>	<p>Social Story: When I get mad Read the social story to your child and discuss strategies on what to do when he/she gets angry.</p>	<p>Social Story: Being Teased at School Read the story to your child and discuss strategies on what to do if he/she is being teased.</p>	
<p>Fine Motor PD 1.3; 1.4</p>	<p>Use string, uncooked spaghetti or pipe cleaners then practice stringing noodles, cheerios, fruit loops, apple jacks, or beads to make jewelry or other formations. *can count as OT activity</p>	<p>Use scrap paper, magazines, napkins, tissue paper, newspaper, ribbon, junk mail to cut or tear shapes and make a collage. *can count as an OT activity</p>	<p>Hand over hand assistance</p>

DATE: _____

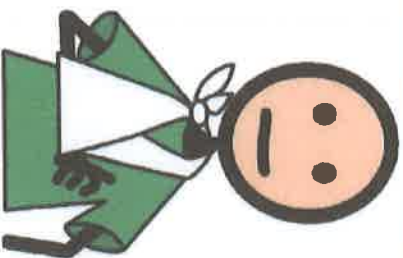
Student Name _____ Parent Signature _____



Sometimes, I get mad.



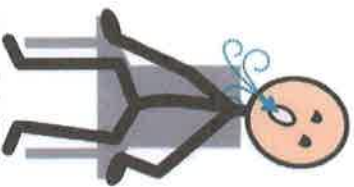
When I am mad,
sometimes I want to hit or
kick another person.



But hitting and kicking
someone might hurt the
other person.



Or it could make them
sad. It could hurt their
feelings.



So instead of hitting and
kicking, I will sit down and
take deep breaths. I will
practice ways to calm
down.



After I calm down, we will
talk about why I was mad.
We will use our nice
words.

Day 16

Being teased at school



When I go outside at break time I play with my friends. Sometimes I like to play football.

1



Sometimes other children say nasty things to me that upset me.


2



Me!

I must remember not to hit the children who are teasing me, and that the bravest thing to do is walk away to another place in the play ground.

3



I will try to be the bravest in the playground and to always walk away when I am being teased. This way, I will have lots of friends at school.

4

