



2023

LEWIS COUNTY HIGH SCHOOL
FALL SPORTS PROGRAM



Welcome to another season of Lewis County sports! It takes a great deal of effort from many students to bring us the excitement we experience on game nights. Our teams have spent the summer preparing to play the games they love. Our stadium is brought alive by our cheerleaders who work hard to keep us enthusiastic about our team. We are entertained during the game by our award-winning Marching Band of Pride. Finally, we are parked safely by our JROTC students who do a fabulous job. I appreciate what each and every one of these students contribute to our extracurricular programs.

I would also like to thank the parents, coaches, directors, commanders and boosters for all they do to ensure that our students and athletes have every need met for their season. Your hard work does not go unnoticed. Lastly, thank you to the many fans who come out, rain or shine, to support our cadets, musicians, cheerleaders, and athletes. Together, WE ARE LC!

GO LIONS

Jamie Weddington, Superintendent
Lewis County Schools

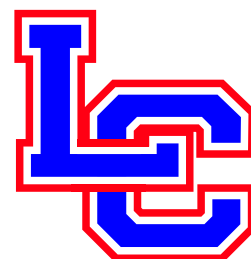
Sports Fans,
Welcome to Lewis County High School for our fall sporting events. We have dedicated athletes and coaches working hard in Football, Volleyball, Golf, Band, and Cheer. Please join us in wishing all of these teams the best of luck this season.

Josh Hughes, Athletic Director
Lewis County High School



Welcome to another season of Lewis County High School Football. We are excited about the upcoming season. The coaches and players have been working hard to return to the playoffs. I would like to thank you for your continued support of Lions Fall Sports and our student athletes. On behalf of the faculty and staff, we would like to wish our teams and coaches the best of luck this season.

Jack Lykins, Principal
Lewis County High School



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HERE'S TO A
WINNING
SEASON!

Delivering opportunities for
remote work through modern
technology tools.



SCAN ME

KADEN

DIRECTIONAL DRILLING



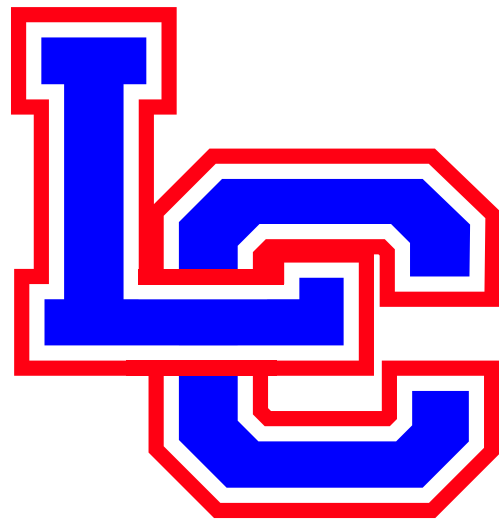
Underground Utilites

Sam Burriss

(606) 202-0435

313 Birchwood Ln.

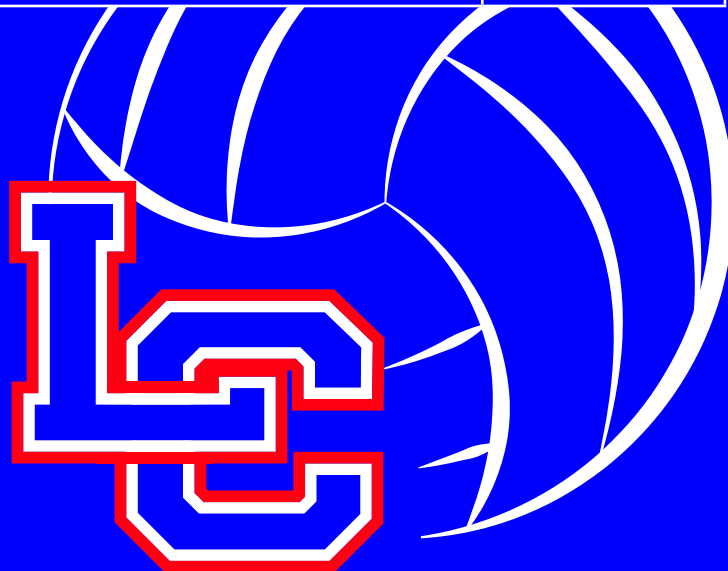
Vanceburg, KY 41179





2023 VOLLEYBALL ROSTER

Player	Grade
Amiee Lewis	12
Hannah Miller	12
Olivia Mustard	12
Karlee Sutphin	12
Addison Willis	12
Amanda Gilbert	11
Isabel Kelly	11
Graeson Lunger	11
Morgan Osborne	11
Daisy Bentley	10
Hayden Littleton	10
Piper Lykins	10
Kiya Noble	10
Jenna Walters	10
Ali Burris	9
Maggie Hall	9
Ireland Kelly	9
Emmi Mustard	9
Khalee Stamper	9



Coaches: Whitney Willis & Kody Willis

Seniors 2023



AMIEE LEWIS



HANNAH MILLER



OLIVIA MUSTARD



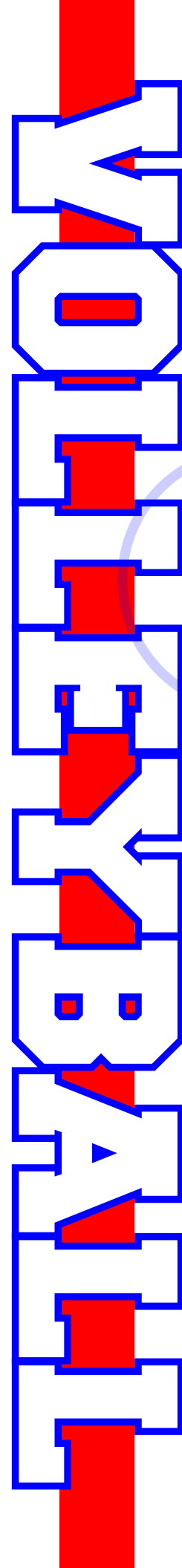
KARLEE SUTPHIN



ADDISON WILLIS

SCHEDULE

Date	Location	Time	Opponent
08/14/2023	Farivew	7 PM	Fairview
08/15/2023	Home	7 PM	Russell
08/17/2023	Raceland	7 PM	Raceland
08/22/2023	West Carter	7 PM	West Carter
08/23/2023	Home	7 PM	Robertson County
08/24/2023	Home	7 PM	Greenup
08/26/2023	Fleming Co.	7 PM	Seeds for Success Tournament
08/29/2023	Home	7 PM	St. Patrick
08/30/2023	Home	7 PM	Mason County
08/31/2023	Home	7 PM	East Carter
09/05/2023	Home	7 PM	Nicholas County
09/07/2023	Home	7 PM	Fleming County
09/12/2023	Home	7 PM	Bracken County
09/13/2023	Mason Co.	7 PM	Mason County
09/14/2023	Home	7 PM	Rowan County
09/18/2023	Home	7 PM	Portsmouth, OH
09/19/2023	Greenup Co.	7 PM	Greenup County
09/20/2023	Home	7 PM	Ashland Paul Blazer
09/26/2023	East Carter	7 PM	East Carter
09/28/2023	Russell	7 PM	Russell
10/03/2023	Home	7 PM	Menifee County
10/04/2023	Nicholas Co.	7 PM	Nicholas County
10/10/2023	Home	7 PM	Raceland
10/11/2023	Portsmouth	7 PM	Portsmouth, OH
10/12/2023	Home	7 PM	West Carter





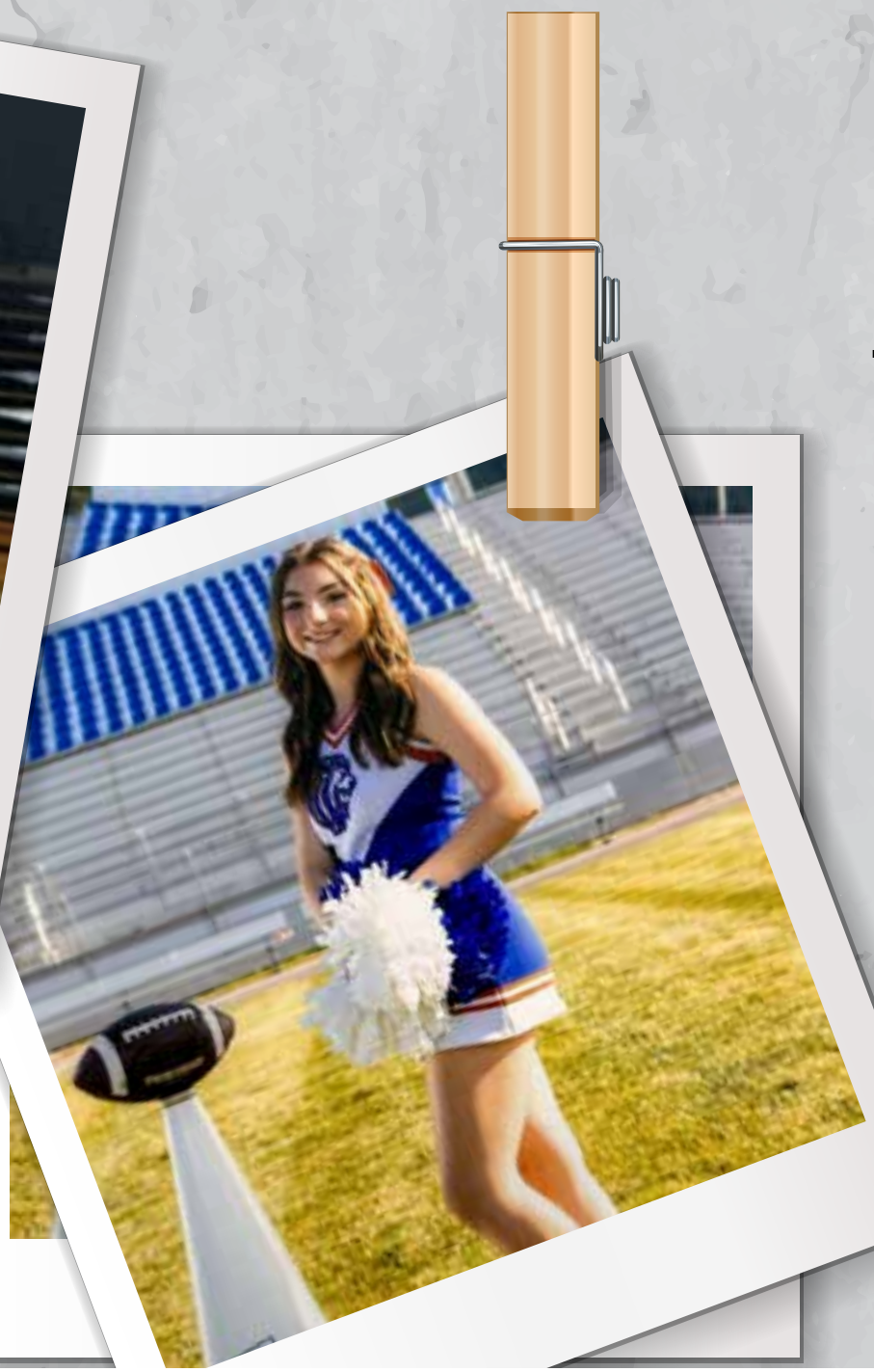
GOODLUCK ON SENIOR YEAR!
WE LOVE YOU ALWAYS
- MOM AND DAD
I HOPE YOU HAVE A GREAT
YEAR!



ENJOY EVERY MINUTE
OF YOUR SENIOR YEAR!
YOU HAVE ALWAYS
MADE US SO PROUD!
LOVE, DAD & AMBER



*Always remember that you are braver than you
believe, stronger than you seem, smarter than
you think, and loved more than you'll know.
Have a great senior year!*



#9

**“Don’t cry
because it is
over.
Smile because
it happened.”**

- Dr. Seuss

**We love you so
much!**

Mom, Dad & Emmi



***Best of luck
to you and
your team
this season!***

***We Love You!
Mom, Dad, and
Conner***



We hope you have the best Senior year sis! So proud!
Love mom, Kenny and the boys

“KEEP YOUR HEAD UP, ALWAYS PLAY WITH YOUR HEART, AND ENJOY THE
BEST DAYS OF YOUR LIFE!!!”
WISHING YOU THE BEST THIS YEAR.....WE LOVE YOU!!!!!!
MOM AND DAD



“FAMILY OVER EVERYTHING ON GOD”
Good luck, we love you!
Drey, Jayla, Taylen, and the one and only
Renzy

We are proud of you Hayden.
Work hard, play hard and you and your
TEAM will succeed!



**Mandi
Gilbert**

#12

2025



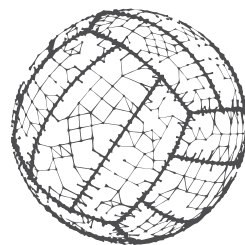
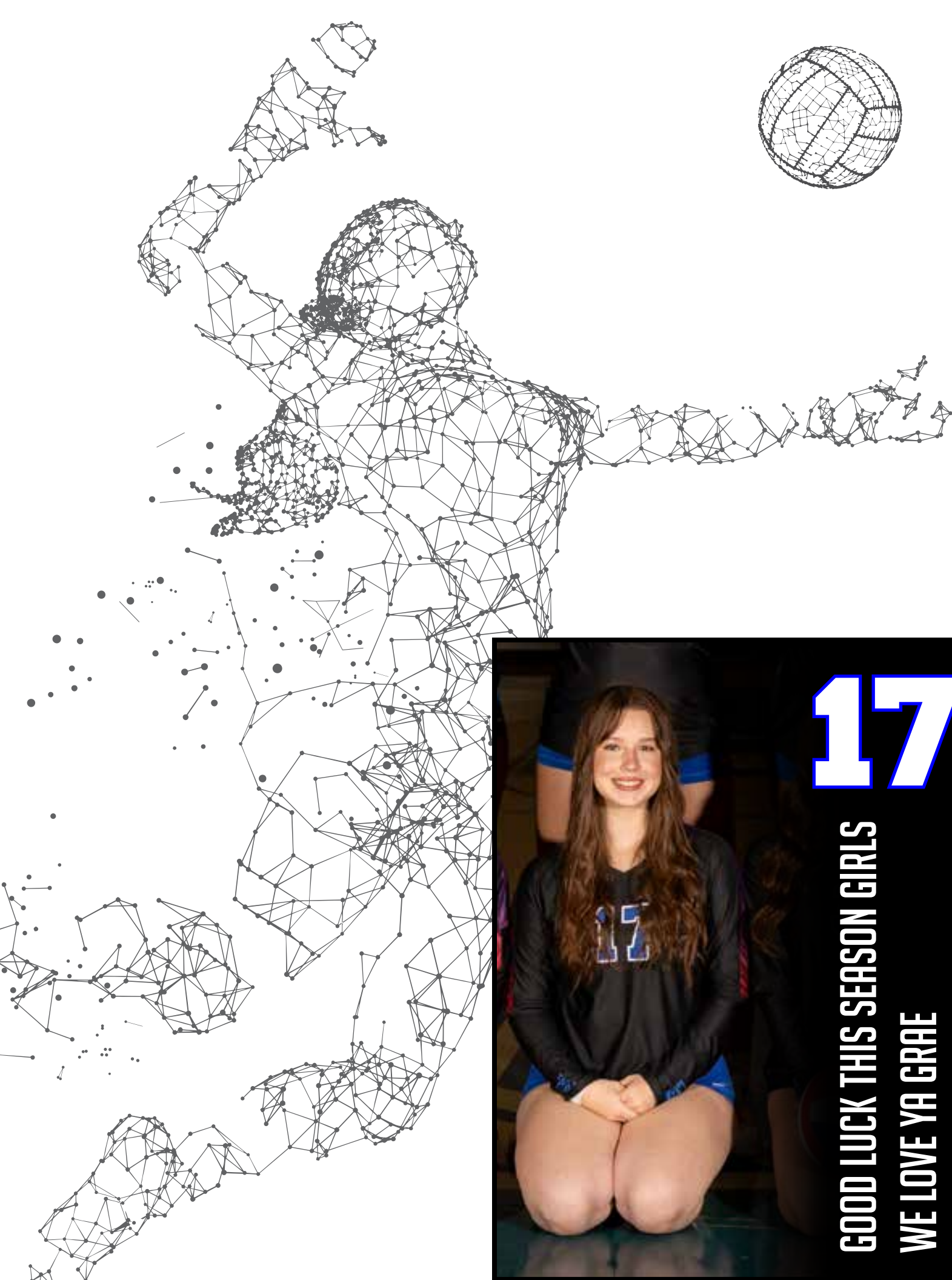
**LETS
GO
LADY
LIONS!**



**GOOD LUCK
ADDISON REAGAN!**



**WE LOVE YOU!
MOM - AUNT KELLY
GRANDMA - PAPA
CHASE - LAYTON**



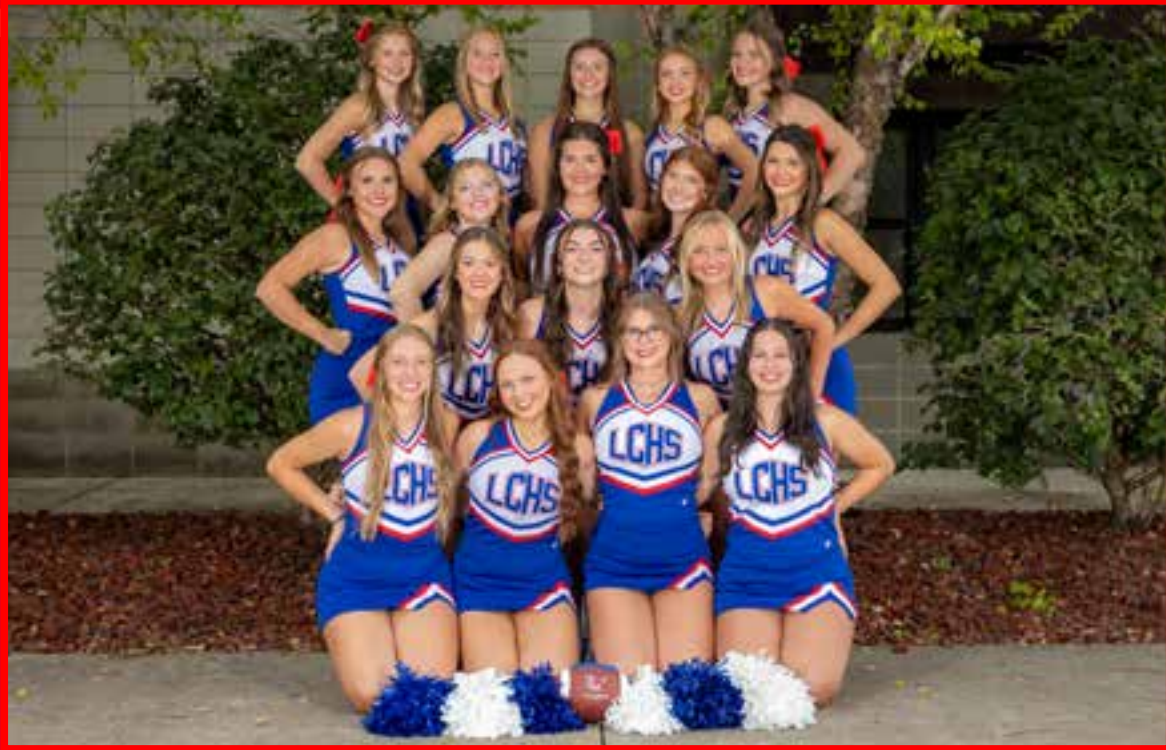
17

GOOD LUCK THIS SEASON GIRLS
WE LOVE YA GRAE

OFFICIAL VOLLEYBALL SIGNALS

<p>1</p>  <p>Illegal Alignment/ Improper Server</p>	<p>2</p>  <p>Line Violation</p>	<p>3</p>  <p>Illegal Hit</p>	<p>4</p>  <p>Delay of Service</p>	<p>5</p>  <p>Over-the-Net</p>
<p>6</p>  <p>Net Foul or Net Serve</p>	<p>7</p>  <p>Legal Back Row Attack</p>	<p>8</p>  <p>Back Row Attacker</p>	<p>9</p>  <p>Illegal Blocker/Screening</p>	<p>10</p>  <p>Ball Touched</p>
<p>11</p>  <p>Four Hits</p>	<p>12</p>  <p>Double Hit</p>	<p>13</p>  <p>Ball Lands In-Bounds</p>	<p>14</p>  <p>Out-of-Bounds/ Antenna Violation</p>	<p>15</p>  <p>Begin Serve</p>
<p>16</p>  <p>Side-Out</p>	<p>17</p>  <p>Point</p>	<p>18</p>  <p>Replay/Re-serve</p>	<p>19</p>  <p>Substitution</p>	<p>20</p>  <p>Illegal Substitution</p>
<p>21a</p>  <p>Team Time-Out</p>	<p>21b</p>  <p>Officials Time-Out</p>	<p>22</p>  <p>Unnecessary Delay</p>	<p>23</p>  <p>End of Game</p>	<p>24</p>  <p>Change of Courts</p>

2023 CHEERLEADERS



Seniors:

Molly Lewis
Karlee Sutphin
Rylie Patton
Kaylen Jarnagin
Amiee Lewis

Juniors:

Morgan Osborne
Laira Kennedy
Isabel Kelly
Samantha Riley
Kaylen Case
Jayden Sellards

Sophomores:

Molly Riffe
Jenna Walters
Briley Thomas
Isabella Casterline

Freshman:

Leah Meadows
Ireland Kelly

Coach: Julie Howard

GO LIONS

WKKSRadio.com

Lewis County's Radio Station



104.9

GO LIONS



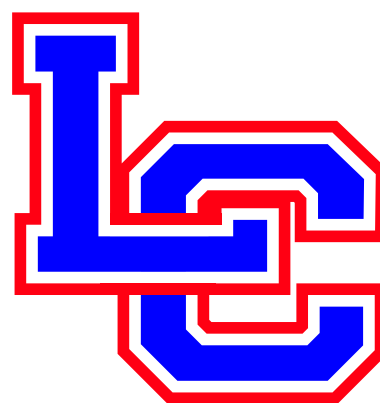
The Only Newspaper Published in Lewis County

Established in 1924























157 Main Street, Vanceburg, Kentucky 41179

Phone 606-796-2331

**GO
LIONS**

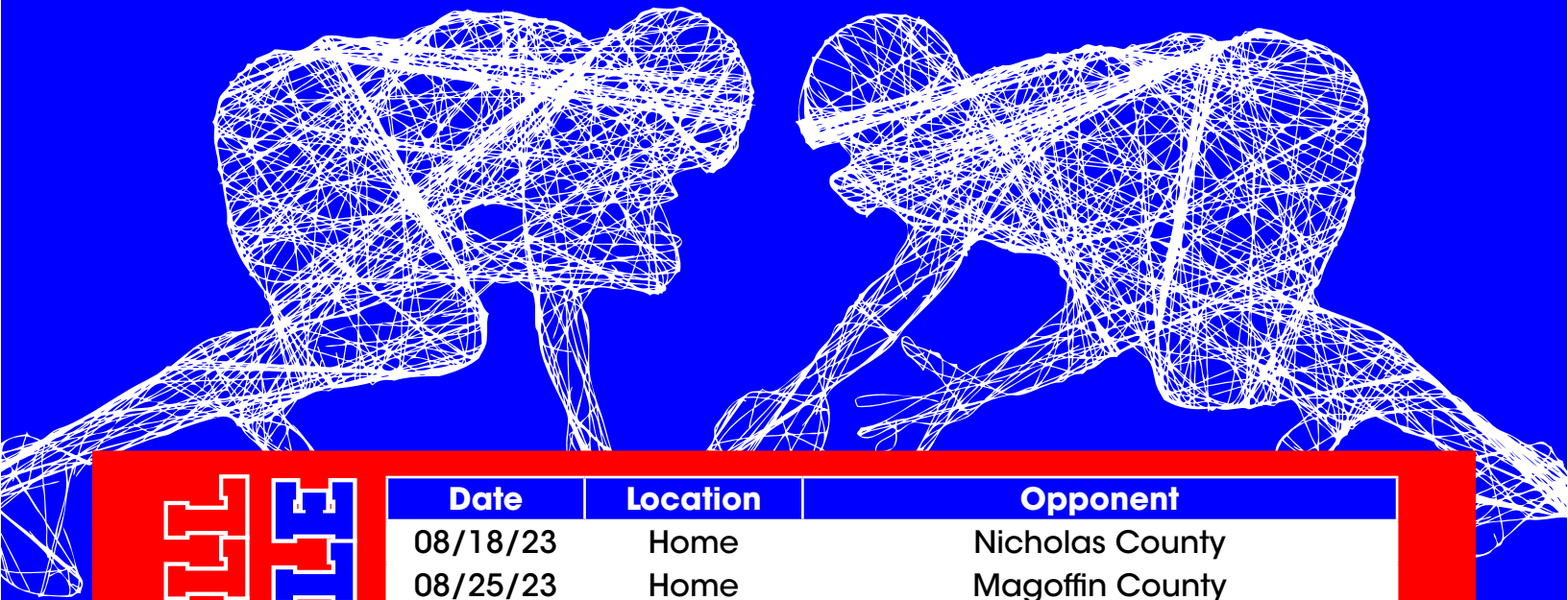


OFFICIAL FOOTBALL SIGNALS

<p>1</p>  <p>Ball ready for play *Untimed down</p>	<p>2</p>  <p>Start clock</p>	<p>3</p>  <p>Time-out Discretionary or injury time-out (follow by tapping hands on chest)</p>	<p>4</p>  <p>TV/Radio time-out</p>	
<p>5</p>  <p>Touchdown Field goal Point(s) after touchdown</p>	<p>6</p>  <p>Safety</p>	<p>7</p>  <p>Dead ball foul Touchback (move side to side)</p>	<p>8</p>  <p>First down</p>	
<p>9</p>  <p>Loss of down</p>	<p>10</p>  <p>Incomplete forward pass Penalty declined No play, no score Toss option deferred</p>	<p>11</p>  <p>Legal touching of forward pass or scrimmage kick</p>	<p>12</p>  <p>Inadvertent whistle (Face Press Box)</p>	<p>13</p>  <p>Disregard flag</p>
<p>14</p>  <p>End of period</p>	<p>15</p>  <p>Sideline warning (NFHS)</p>	<p>16</p>  <p>First touching (NFHS) Illegal touching</p>	<p>17</p>  <p>Uncatchable forward pass (NCAA)</p>	
<p>18</p>  <p>Encroachment (NFHS) Offside defense or free-kick defense (NCAA)</p>	<p>19</p>  <p>False start Illegal formation</p>	<p>20</p>  <p>Illegal shift - 2 hands Illegal motion - 1 hand</p>	<p>21</p>  <p>Delay of game</p>	<p>22</p>  <p>Substitution infraction</p>



2023 LCHS FOOTBALL TEAM



FOOTBALL SCHEDULE

Date	Location	Opponent
08/18/23	Home	Nicholas County
08/25/23	Home	Magoffin County
09/01/23	Away	Breathitt County
09/08/23	Away	Prestonsburg
09/15/23		BYE
09/22/23	Away	Bath County
09/29/23	Home	Fleming County (Homecoming)
10/06/23	Away	Russell
10/13/23	Away	East Carter
10/20/23	Home	West Carter
10/27/23	Home	Bracken County

	Name	Position	Grade
5	Rory Shumate	RB/DE	Sr
9	Isacc Brown	WR/LB	Sr
11	Travis Applegate	RB/LB	Sr
25	Boston Oppy	RB/LB	Sr
57	Everett Horsley	OL/DL	Sr
68	Ashton Colvin	OL/DL	Sr
77	DJ Tumlin	OL/DL	Sr
89	Cam Lawhun	WR/DB	Sr
2	Jaxon Rister	WR/DB	Jr.
3	Noah Johnson	QB/DB	Jr.
7	Ayden Cooper	QB/DB	Jr.
8	Drew Noble	TE/DE	Jr.
13	Connor Plank	WR/DB	Jr.
23	Braedyn McGlone	WR/LB	Jr.
26	Brandon Ayers Jones	WR/DB	Jr.
33	Dalton Hook	WR/DB	Jr.
34	Preston Thurman	RB/LB	Jr.
55	Jordan Zornes	OL/DL	Jr.
80	Dallas Littleton	WR/LB	Jr.
15	James Applegate	WR/DB	Soph
18	Branton Stidom	WR/DB	Soph
20	Hayden Huff	WR/DB	Soph
21	Julian Puente	WR/DB	Soph
30	Thomas Richards	RB/WR	Soph
50	Matthew Denton	OL/DL	Soph
53	Cameron Farris	OL/LB	Soph
63	Stanley Hardyman	OL/DL	Soph
72	Chevy Smith	OL/DL	Soph
75	Jackson Young	OL/DL	Soph
78	Isaac Horsley	OL/DL	Soph
84	Landen Cooper	WR/DB	Soph
1	Alex Russell	RB/DB	Fr
6	Aaden Bloomfield	QB/LB	Fr
27	Josiah Yates	RB/DB	Fr
36	Julian Brock	WR/LB	Fr
4	Tyler Fields	WR/DB	Fr.
10	Ryder Montgomery	WR/DB	Fr.
12	Jaidence Cottingham	WR/DB	Fr.
45	Zane Smyke	OL/LB	Fr.
52	Brian Weber	OL/DL	Fr.
60	Landon Blevins	OL/DL	Fr.
65	Matthew Kennedy	OL/DI	Fr.
67	Houston Colvin	OL/DL	Fr.
69	Everett Kamer	OL/DL	Fr.
70	Cameron Parson	OL/DL	Fr.

Head Coach: Gene Peterson
Assistant Coaches - Kenny Kegley, Presley Marshall,
Dallas Sexton, Chad Case
Trainer - Summer Logan



2023 FOOTBALL

LEWIS COUNTY LIONS



**DO SOMETHING
WEBER!**

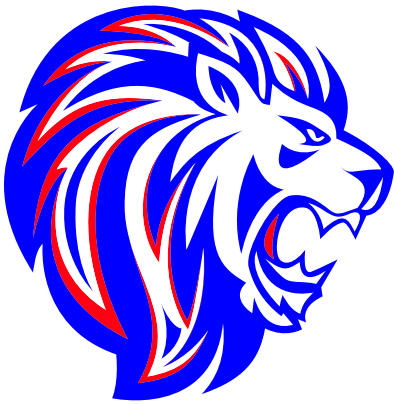
ALWAYS YOUR BIGGEST FAN

LOVE, MOM

tc TraceCreek
Construction

**GOOD
LUCK
LIONS**

Kenny Ruckel
Lewis County PVA



GO LIONS

Brandon, Lexie and Crystal

The City Of
Vanceburg

Dane Blankenship, Mayor

Greta May, City Clerk

Hailey Evans, Asst. City Clerk

Councilman Kody Willis

Councilwoman Kathy McCann

Councilwoman Angie Patton

Councilwoman Mary McClurg

Councilwoman Nichole Cantu

Councilwoman Joni Pug

GO LIONS

BOYS GOLF

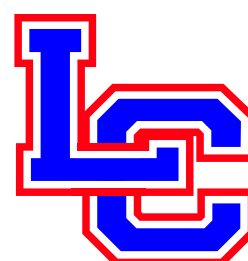


2023 VARSITY GOLF TEAM

Name	Name
Drew Ginn	JD Litton
Landon Zamora	Bryson Helphinstine
Justin Dillow	Tristan Gilbert
Eli Riffe	Ayden Cole

Head Coach: Wyatt Yates

2023 Golf season is off to a great start. The players are practicing hard and playing several matches this season. We are excited to continue our growth as individuals and as a team.



Noble's Pharmacy

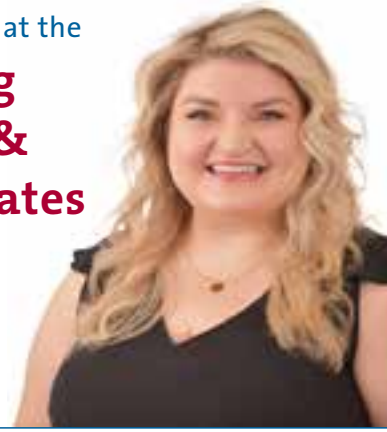
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**162 Garrison Lane
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**GOOD LUCK LC
VOLLEYBALL!**

Accepting OB/GYN Patients at the
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Family Practice &
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Tori Howell, FNP-C
OB/GYN



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Tori Howell, FNP-C is currently accepting
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**Southern Ohio
Medical Center**

Very Good things are happening here

Chiggers

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We deliver!

Holder and Lykins, PSC

Go Lions!

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**21 Second Street
Vanceburg, KY 41179**

KODY WILLIS
CITY COUNCIL

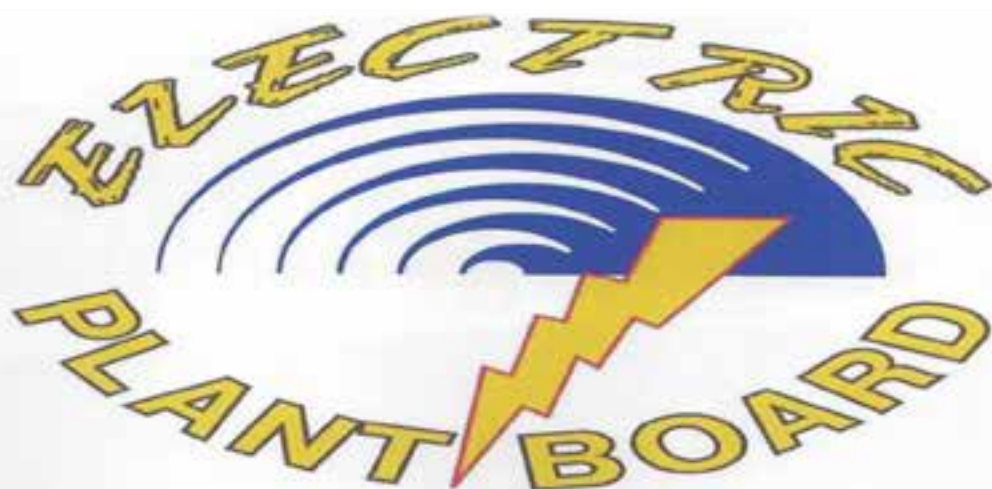
TULLY LOGGING



1 (606) 541-9995



GO LIONS!



CITY OF VANCEBURG

191 Front Street - P.O. Box 489

Vanceburg, Kentucky 41179

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Open 8am-5pm Monday-Friday

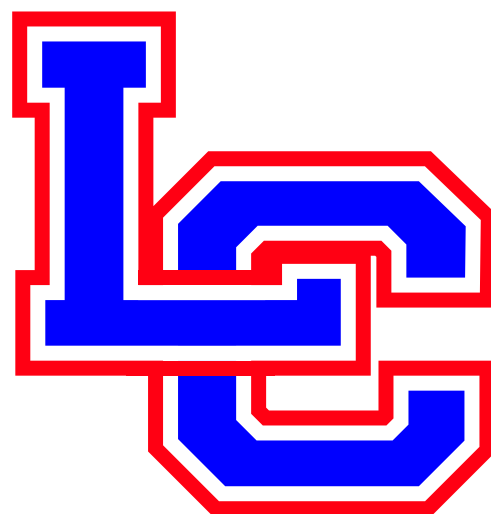


GO
T
G
W
T
O
G
M
A
T



ROSTER

Girls Golf Team	
Name	Grade
Makayla Tackett	12
Laura Horsely	9
Peyton Riggs	10
Laira Kennedy	11
Maddie Johnson	12



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Tollesboro, KY

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GO

LIONS!

SOMC Vanceburg Family Health Center

Family Practice



**Dr. Sarah
Porter**



**Adriann
Cooper, NP**



Ray Ervin, NP



**Natosha
Staggs, NP**



**Brandon
Malone, NP**

Cardiology



**Rebecca
Kalb, NP**

OB/GYN



**Tori
Howell, NP**

General Surgery



**Dr. Jeffery
Parker**

Orthopedics



**Dr. Robert
Love**

Outpatient Rehab

Laboratory

X-Ray

Ultrasound

Home Health & Pharmacy

Sunday - Friday | 8 am - 8 pm Walk-in patients welcome!

246 Commonwealth Road | Vanceburg, KY

(606)796-0010

**Southern Ohio
Medical Center**

Very Good things are happening here

BAND OF PRIDE

Mckenna Harris
Hikaru Wilder-Hamilton
Riley Jensen
Katelynn Johnson
Alexandria Applegate
Patyon Alloway
Christopher Arnold
Dante Phares
Hayden Voiles
Eli Lykins
Trayton Henderson
Keria Jamison
Ethan Bevens
Daisuke Wilder-Hamilton
Ryker Lykins
Landon Hall
Ashton Lewis

Ethan Ford
Kailee Johnson
Hailey Gulley
Kameryn Newman
Isaac Ross

Color Guard

Natalie Willoughby
Chelsey Stone
Mary Short
Ava Merritt
Patricia Click
McKenzie Click
Bri Click
Jordyn Clark
CarleeDale Meritt

Band Director: Tyran Ellis

2020

COMPETITION SCHEDULE

Date	Event, Location
09/09	Beechwood Festival of Bands
09/28	Bryan Station Bluegrass Pageant of Bands
10/14	West Jessamine High School Marching Band Competition
10/21	Regional Competition at Estill County High School
10/28	KMEA State Marching Band Competition in Bowling Green, Ky



606-757-3021

8LIONS

9140 East Kentucky 8
Garrison, Kentucky 41141

Hours:
Monday thru Saturday 7:00am - 8:00pm
Sunday 8:00am-8:00pm



89 Second Street

Vanceburg, KY

Open

Monday - Friday 8:30am-5:30pm

Saturday 8:30am-1:00pm

Grill closes at 4pm weekdays

**Wishing all the
students and staff
a safe and healthy
sports season.**



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information

GAHMS

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FAX: (740) 259-2130

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Lewis County Athletics Fall Program

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